

Foothills Hiking, Backpacking & Urban Walks Committees

Steps to become a Hike, Backpack, Urban Walk Leader

1. Be an active Mountaineers member with a valid waiver.
2. Attend a *New Hike - Urban Walk – Backpack Leader Seminar* with the Mountaineers. (Can be with any branch)
3. Complete at least 3 Mountaineers activities within the past 2 years of the type you want to lead - Hike, Backpack, Urban Walk. Activity must be open to all participants and not restricted to specific groups or courses (e.g. CHS, GoHike, Youth programs).
4. If Urban Walk leader candidate, complete the following courses:
 - a. Pedestrian Safety
 - b. Map & Compass, or Wilderness Navigation, On-Trail Navigation or Staying Found
 - c. Wilderness Navigation + CPR or Urban First Aid + CPR
5. If Hike or Backpack leader candidate, complete the following courses:
 - a. Wilderness First Aid or Wilderness First Responder
 - b. Wilderness Navigation, On-Trail Navigation, or Staying Found
6. Complete [Hike, Backpack & Urban Walk Leader Application](#). Upon receipt of your application, the Leader Coordinator from Foothills Hiking, Backpacking and Urban Walks Committees, Erin Vagley (erinmountaineers@gmail.com) will update you on the status of your application and work with you to help you find an approved Foothills Mentor and coordinate your mentored hike.
7. Post and lead a mentored club day hike. The hike must meet the following criteria:
 - Activity must be open to all participants and not restricted to a course or group.
 - The leader candidate must post the activity as the primary leader and register the mentor as the co-leader; the activity should be posted under the Foothills Hiking Committee, Foothills Backpacking Committee or Foothills Urban Walks Committee.
8. After completion of the activity, record volunteer hours for your Mentor and close the activity. Mentor will complete [Mentor Evaluation Form](#).
9. Receive positive recommendation from Mentor to be granted permanent hike leader status.
10. Foothills Hiking, Backpacking, Urban Walk committee will inform you that you've met the requirements to become a leader and ask you to confirm that you'd like to be added to the active leader roster.

Please reach out Erin Vagley (erinmountaineers@gmail.com) or to the Committee Chairs with any questions:

Foothills Hiking Committee – Nancy Temkin – nancy.temkin@gmail.com

Foothills Backpacking Committee – Christina Buckman – christina.buckman.2011@gmail.com

Foothills Urban Walks Committee - Liz McNett Crowl – lizmcnettcrowl@gmail.com